



Formulated by physicians
from Harvard, Cornell, MIT
and Bastyr

DELIVERING HEALTH

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NattoPine®

How does your cardiovascular supplement compare?

Based on recommended daily usage.*

	NATTOPINE	NOW NATTOKINASE	SOURCE NATURALS NATTOKINASE	JARROW NATTOMAX	ARG NATTOKINASE
					
Nattokinase (mg)**	182.5	100	100	100	100
Fibrinolytic units (FU)†	3650	2000	2000	2000	2000
Pine bark extract (mg)††	300	—	—	—	—

**Nattokinase is an extract from a Natto, a Japanese food from fermented soybeans. Nattokinase supports healthy blood clotting within normal levels and promotes healthy circulation and blood pressure.*

†FU (fibrinolytic units) indicates the blood-clot dissolving strength of nattokinase.

††Pine bark extract contains powerful antioxidants to support heart and blood vessel health.*

NattoPine Formula Citations:

Cui Y, Xie H, Wang J. Potential biomedical properties of Pinus massoniana bark extract. *Phyther Res* 2005;19(1):34-38.

Li YY, Feng J, Zhang XL, Cui YY. Pine bark extracts: nutraceutical, pharmacological, and toxicological evaluation. *J Pharmacol Exp Ther*. 2015;353(1):9-16.

Kim JY, Gum SN, Paik JK, et al. Effects of nattokinase on blood pressure: a randomized, controlled trial. *Hypertens Res*. 2008;31(8):1583-1588.

Kurosawa Y, Nirengi S, Homma T, et al. A single-dose of oral nattokinase potentiates thrombolysis and anti-coagulation profiles. *Sci Rep*. 2015;5:11601.

Weng Y, Yao J, Sparks S, Wang KY. Nattokinase. *Int J Mol Sci*. 2017;18(3):523.