



Formulated by physicians
from Harvard, Connell, MIT
and Bastyr

DELIVERING HEALTH

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Why MitoForte® Shatters the Competition

How does your memory and energy supplement compare?

Based on recommended daily usage.*

	MITOFORTE	JUVENON	RED BULL	VITAL MEMORY	MEMORY SUPPORT FORMULA (DR. WEIL)	GINKGO BILOBA
						
Huperzine A	400 mcg	—	—	—	—	—
L-Carnitine	800 mg	—	—	—	—	—
Alpha Lipoic Acid	600 mg	400 mg	—	16.67 mg	—	—
Acetyl-L-Carnitine	800 mg	1000 mg	—	50 mg	—	—
Ginkgo**	—	—	—	—	120 mg	120 mg
Caffeine	—	—	80 mg	—	—	—
DHA	—	—	—	—	100 mg	—
Vitamin E	—	—	—	—	100 IU	—
Sugar	—	—	27 gm	—	—	—
Memory and Energy Increase†	60% or more	0	0‡	0	0	0

Among all these manufacturers, only NBI refers to human clinical trials showing that we use the dose of nutrients used in studies and shown to work. Compare these products and their website's with NBI's products and website. MitoForte, for example, lists more than 230 citations supporting its formula, including many human clinical trials. The products included in this chart may contain additional nutrients, such as vitamins and minerals. However, none of these additional nutrients have been shown in clinical trials to improve memory or energy. This chart does not contain a complete list of all nutrients found in these products.

***Ginkgo biloba* has been studied for its ability to improve memory. The amount of Ginkgo in these products—120 mg—has never been shown in clinical trials to improve memory.

†Determination of memory and energy increases were based on published human clinical trials and compared against the amount of each nutrient provided in these formulas.

‡While research has shown that caffeine can increase attention and feeling more alert, it has not been shown to improve memory (Nutrients.2018;10(10)). Additionally, while the each 8.4-ounce can of Red Bull contains 80 mg of caffeine and 27 grams of sugar. While that may temporarily enhance energy, high amounts of caffeine and sugar can be dangerous. Side effects include rapid heartbeat (tachycardia), insomnia, poor blood sugar regulation, increasing diabetes risk, anxiety and mood changes.

*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.
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