



Formulated by physicians  
from Harvard, Connell, MIT  
and Bastyr





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## Why NattoPine® Dissolves the Competition

How does your cardiovascular supplement compare?

Based on recommended daily usage.\*

	NATTOPINE	NOW NATTOKINASE	SOURCE NATURALS NATTOKINASE	JARROW'S NATTOMAX	ARG NATTOKINASE
					
Nattokinase**	3650 FU <sup>†</sup>	2000 FU	2000 FU	2000 FU	2000 FU
Pine bark extract <sup>††</sup>	300 mg				
Reduction in blood clots that can create deep vein thrombosis <sup>‡</sup>	100%	Never studied	Never studied	Never studied	Never studied
Leg swelling decrease <sup>‡</sup>	27%	Never studied	Never studied	Never studied	Never studied

\*\*Nattokinase is an extract from a Natto, a Japanese food from fermented soybeans. Nattokinase promotes healthy blood clotting by preventing and breaking up clots. NattoPine contains the highest dose of nattokinase of any product. NattoPine also contains powerful antioxidants from pine bark extract to protect blood vessels from damaging free radicals.

NattoPine's ingredients were shown in a clinical trial to reduce the risk of deep vein thrombosis by and leg swelling. In the clinical trial nearly 10% of people not taking the nattokinase and pine bark extract combination experienced a deep vein thrombosis versus none of those taking the dietary supplement. In other words, blood clots were prevented in 100% of people taking NattoPine's formula. Those taking nattokinase and pine bark extract also had a 27% decrease in risk of leg swelling (edema).

<sup>†</sup>FU (fibrinolytic units). FU is how manufacturers measure the blood dissolving strength of nattokinase. The higher the FU, the stronger and more effective the product.

<sup>††</sup>Pine bark extract is a powerful antioxidant shown to promote healthy circulation. The combination and strength of pine bark extra and nattokinase in NattoPine is the only formula studied in a human clinical trial.

<sup>‡</sup>Results based on a published human clinical trial (Angiology.2003;54(5):531-539).

References: Prevention of venous thrombosis in long-haul flights with Flite Tabs: the LONFLIT-FLITE randomized, controlled trial, by Cesarone MR et al. Angiology. 2003;54(5):531-539. Natto diet was apparently effective in a case of incipient central retinal vein occlusion, by Nishimura, K. et al. Japan Rev Clin Ophthalmol 1994, 88:1381-85. Enhancement of the fibrinolytic activity in plasma by oral administration of nattokinase, by Sumi, H. et al. Acta haematol 1990, 84: 139-43.